



The Omnivore s Dilemma: A Natural History of Four Meals

By Michael Pollan

Penguin Putnam Inc, United States, 2006. CD-Audio. Book Condition: New. Unabridged. 150 x 135 mm. Language: English . Brand New. What should we have for dinner? To one degree or another this simple question assails any creature faced with a wide choice of things to eat. Anthropologists call it the omnivore s dilemma. Choosing from among the countless potential foods nature offers, humans have had to learn what is safe, and what isn t-which mushrooms should be avoided, for example, and which berries we can enjoy. Today, as America confronts what can only be described as a national eating disorder, the omnivore s dilemma has returned with an atavistic vengeance. The cornucopia of the modern American supermarket and fast-food outlet has thrown us back on a bewildering landscape where we once again have to worry about which of those tasty-looking morsels might kill us. At the same time we re realizing that our food choices also have profound implications for the health of our environment. The Omnivore s Dilemma is bestselling author Michael Pollan s brilliant and eye-opening exploration of these little-known but vitally important dimensions of eating in America. Pollan has divided The Omnivore s Dilemma into three parts, one...



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