



11 Books in 1: The 21-Day Challenges Box Set (Paperback)

By 21 Day Challenges

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.A collection of the popular 21-Day Challenge Series. 1. The 21-Day Self-Love Challenge 2. The 21-Day Self-Confidence Challenge 3. The 21-Day Happiness Challenge 4. The 21-Day Weight-Loss Challenge 5. The 21-Day Exercise Challenge 6. The 21-Day Clean Eating Challenge 7. The 21-Day Mindfulness Challenge 8. The 21-Day Minimalism Challenge 9. The 21-Day Stress Management Challenge 10. The 21-Day Productivity Challenge 11. The 21-Day Budgeting Challenge.



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Reviews

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It becomes an amazing book which i actually have at any time study. It is actually loaded with wisdom and knowledge You wont sense monotony at at any time of your respective time (that's what catalogues are for regarding should you request me).

-- **Rosina Schowalter V**