



## Riding the Potty Train: Better Bathroom Behaviors for Little Girls on the Go! (Paperback)

By Jeni Donatelli Ihm

Createspace, United States, 2015. Paperback. Book Condition: New. Jan Dolby (illustrator). 216 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Lively little girls, a fanciful train, and one charming camel conductor make their way through the first picture book ever to specifically address the pelvic health needs of young girls as they are potty trained. Research suggests that teaching better bathroom behaviors early on can help prevent pelvic health disorders unique to girls and women as they go through life. The use of correct anatomical terms and citing the five steps of Women s Health Foundation s Potty Pledge(R), Riding the Potty Train can instill a sense of accomplishment and understanding, ultimately helping to change the way growing girls feel about and care for their own bodies. Rhyming text and exuberant illustration help to make a brand new topic fun, comfortable, and memorable for both parent and child. Included: The Potty Pledge (R); Potty Pledge explanation, and Glossary. For every little girl; parents, educators, healthcare providers, and caregivers. Appropriate for trade, mass, and specialty markets; and institutional use in schools, daycare centers, and youth-oriented social programs.



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