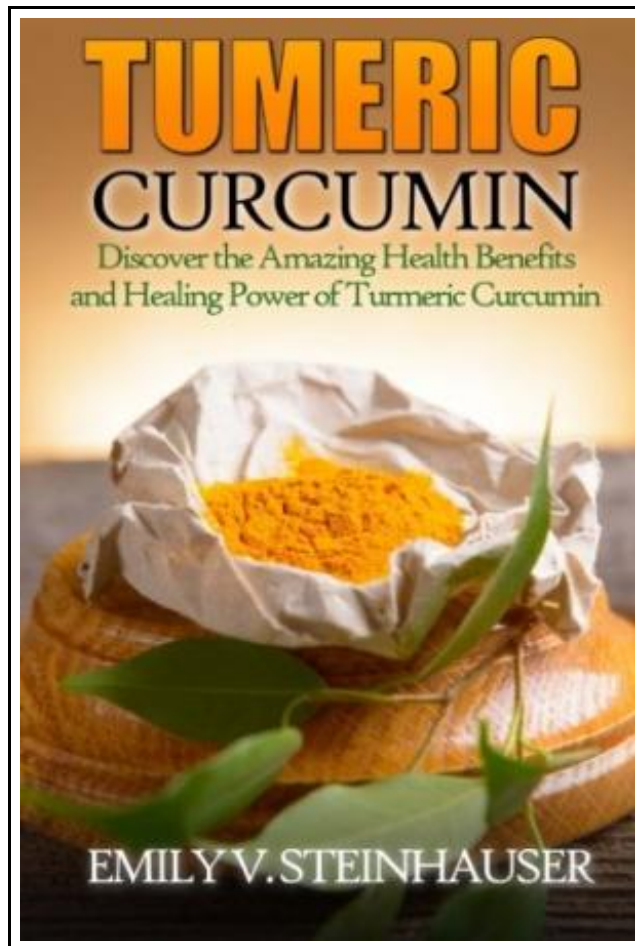


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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Turmeric and Curcumin - The All-Natural Healing Wonder Does inflammation of your joints or arthritis keep you from doing the activities that you desire? Does it restrict how you are living your life? Do you feel like you aren't thinking as clearly as you once did as you age? Is the potentially protecting yourself and your family from heart disease and cancer important to you? For those searching for an all-natural way to delay ageing. For years, I have studied natural remedies, from essential oils to the latest superfoods, always searching for that supplement that would help prevent a variety of ailments. Finally on a trip to India, I found a herb that would change my life: turmeric. This simple spice has amazing health benefits, including relieving arthritis and inflammation, improving brain functioning, helping to prevent heart disease and cancer, as well as being shown to be effective in preventing and treating Alzheimer's Disease. I have made it my goal to introduce this amazing herb to people, confident in its abilities to help them live a better, and healthier, life. For the first time, my extensive research into turmeric and curcumin has been collected into one place, helping you to understand how you can now protect yourself and your family with this wondrous natural herb.



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