



## A Healing System - 10th Edition: Rays of Hope and a Silver Lining (Paperback)

By MR Stuart Farrel

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This HOW TO book contains a collection of disease reversing, health improving practices, compiled from research done by world renowned medical researchers and physicians who are leaders in their fields. The author, his family and friends have also successfully tested aspects of the Healing System. Examples of Disease-Reversing Topics A science-identified optimum diet found to reverse and prevent 5 of the top 7 killer diseases and many more. The very significant role attitude plays in health. A Mayo Clinic hydration plan to maintain proper fluid levels. A low impact exercise regimen important for keeping the body physically capable and toxin free. A method of reversing Alzheimer's that a Tampa area doctor used successfully on her husband. Lists of diet-related diseases helped by the Healing System. Also, the book has more than twenty white papers (appendices) on relevant topics like Gallbladder removal, GMO tragedies, Health pioneers of history, China Study book report, Electromagnetic radiation, Biographies of key researchers, Perspectives on the common cold, Reasons we avoid change, and more. I wrote this book because there...

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