



Taegeuk Taekwondo: Foundation Syllabus (Paperback)

By B T Milnes

Createspace, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.The Taegeuk (also written Taeguk) forms are part of the official syllabus of Kukki-won Taekwondo (World Taekwondo Federation). This handbook will assist you with the forms you need to learn as a grade (colour belt) student of Taegeuk Taekwondo: Tenth Grade - Relevant Line Work Ninth Grade - Relevant Line Work Eighth Grade - Taegeuk Il Jang Seventh Grade - Taegeuk I Jang Sixth Grade - Taegeuk Sam Jang Fifth Grade - Taegeuk Sa Jang Fourth Grade - Taegeuk O Jang Third Grade - Taegeuk Yuk Jang Second Grade - Taegeuk Chil Jang First Grade - Taegeuk Pal Jang The movements for each form are written out in detail. The handbook also gives you the Korean vocabulary relevant to each grade. This handbook has not been written for any one association, so it can be read by a student of any Taegeuk Taekwondo association or school.



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